



# 2016 SEPTEMBER LUNCH



## International Academy Of Atlantic City Cs

Monday	Tuesday	Wednesday	Thursday	Friday
August 29, 2016	August 30, 2016	August 31, 2016	September 1, 2016	September 2, 2016
September 5, 2016	September 6, 2016	September 7, 2016	September 8, 2016	September 9, 2016
LABOR DAY	CHICKEN TENDERS W/SWEET POTATO PUFFS Peas & Carrots Cinnamon Applesauce BBQ Sauce Ketchup 1% White Milk Fat Free Chocolate Milk	CHICKEN QUESO BURRITO Salsa Cup Refried Beans Peach Cup Milk Choice-1% Fat Free	NEW PIZZA!!** CHEESE PIZZA Romaine Salad Light Italian Dressing Mixed Fruit Cup Milk Choice-1% Fat Free	RIB-B-QUE Whole Wheat Bun Whole Kernel Corn Fresh Fruit Milk Choice-1% Fat Free
September 12, 2016	September 13, 2016	September 14, 2016	September 15, 2016	September 16, 2016
MINI CORN DOGS & CHICKEN FUN MIX French Fries Blended Fruit Juice BBQ Sauce Ketchup Milk Choice-1% Fat Free	*TRY IT TUESDAY! MEATBALL SUB Whole Wheat Bun Mediterranean Green Beans Diced Peaches Milk Choice-1% Fat Free	CRISPY CHICKEN FILLET Whole Wheat Bun Maple Baked Beans Baby Carrots Light Ranch Dressing Fresh Fruit BBQ Sauce Milk Choice-1% Fat Free	*NEW ITEM* CHEESEBURGER MAC Mixed Vegetables Fresh Fruit Milk Choice-1% Fat Free	PEPPERONI PIZZA WRAP Fresh Broccoli Florets Light Ranch Dressing Pineapple Tidbits Milk Choice-1% Fat Free
September 19, 2016	September 20, 2016	September 21, 2016	September 22, 2016	September 23, 2016
CHICKEN DIPPERS W/TOMATO PARMESAN SAUCE Peas & Carrots Mixed Fruit Cup Milk Choice-1% Fat Free	CHEESE PIZZA Broccoli Pineapple Tidbits Milk Choice-1% Fat Free	*BREAKFAST FOR LUNCH* PANCAKES & SAUSAGE Golden Potato Rounds Orange Juice Syrup Ketchup Milk Choice-1% Fat Free	SANTA FE CHICKEN Tortilla Chips Whole Kernel Corn Fresh Fruit Milk Choice-1% Fat Free	*FRESH FEATURE FRIDAY* CHARBROILED HAMBURGER Whole Wheat Bun Taco Beans Green Pepper Slices Fat Free Ranch Dressing Fresh Fruit Mustard Ketchup Milk Choice-1% Fat Free
September 26, 2016	September 27, 2016	September 28, 2016	September 29, 2016	September 30, 2016
PIZZA DIPPERS Marinara Dipping Sauce Garden Vegetables Grape Juice Milk Choice-1% Fat Free	TURKEY BURGER WITH POTATO WEDGES Whole Wheat Bun Green Beans Strawberry Applesauce Light Mayonnaise Ketchup Milk Choice-1% Fat Free	*MAKE YOUR OWN SALAD DAY* POPCORN CHICKEN Romaine Salad Celery Sticks Light Ranch Dressing Mixed Fruit Cup Milk Choice-1% Fat Free	HOT DOG W/ POTATO ROUNDS Whole Wheat Bun Maple Baked Beans Fresh Fruit Mustard Ketchup (2) Milk Choice-1% Fat Free	*AROUND THE WORLD DAY* TASTE OF ITALY! ROTINI BAKE WITH MEATSAUCE Italian Mixed Vegetables Fresh Fruit Lemon Cookie Milk Choice-1% Fat Free

\*\*\*\* ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

\*\*\* MENU SUBJECT TO CHANGE.

\*\*\* This institution is an equal opportunity provider.



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