



2016 SEPTEMBER BREAKFAST



International Academy Of Atlantic City Cs

Monday	Tuesday	Wednesday	Thursday	Friday
August 29, 2016	August 30, 2016	August 31, 2016	September 1, 2016	September 2, 2016
September 5, 2016	September 6, 2016	September 7, 2016	September 8, 2016	September 9, 2016
LABOR DAY	CINNAMON TOAST CRUNCH Mini Wafer Craisins Blended Fruit Juice Milk Choice-1% Fat Free 1% White Milk	FROSTED FLAKES (LOW SUGAR) French Toast Breakfast Bar Fresh Fruit Milk Choice-1% Fat Free	STRAWBERRY PANCAKES Fresh Fruit Orange Juice Milk Choice-1% Fat Free	RICE KRISPIES Animal Grahams Fresh Fruit Milk Choice-1% Fat Free
September 12, 2016	September 13, 2016	September 14, 2016	September 15, 2016	September 16, 2016
FROOT LOOPS REDUCED SUGAR Strawberry Pancake Square Craisins Grape Juice Milk Choice-1% Fat Free	WAFFLES Diced Pears Orange Juice Syrup Milk Choice-1% Fat Free	STRING CHEESE Blueberry Muffin Fresh Fruit Milk Choice-1% Fat Free	EGG & CHEESE ON WW ENGLISH MUFFIN Mixed Fruit Cup Blended Fruit Juice Assorted Jelly Milk Choice-1% Fat Free	*NEW ITEM* GOLDEN GRAHAM CEREAL Cinnamon Sky Minis Fresh Fruit Milk Choice-1% Fat Free
September 19, 2016	September 20, 2016	September 21, 2016	September 22, 2016	September 23, 2016
CINNAMON TOAST CRUNCH Spiced Grahams Craisins Blended Fruit Juice Milk Choice-1% Fat Free	BREAKFAST BURRITO Mixed Fruit Cup Grape Juice Taco Sauce Milk Choice-1% Fat Free	*NEW ITEM* COCOA PUFFS Maple Breakfast Square Fresh Fruit Milk Choice-1% Fat Free	PANCAKES Fresh Fruit Orange Juice Syrup Milk Choice-1% Fat Free	*NEW ITEM* STRAWBERRY YOGURT Peach Mini Loaf Fresh Fruit Milk Choice-1% Fat Free
September 26, 2016	September 27, 2016	September 28, 2016	September 29, 2016	September 30, 2016
NEW ITEM APPLE JACKS REDUCED SUGAR Cherry Breakfast Bar Craisins Orange Juice Milk Choice-1% Fat Free	FRENCH TOAST STICKS Pineapple Tidbits Blended Fruit Juice Syrup Milk Choice-1% Fat Free	STRING CHEESE Banana Muffin Fresh Fruit Milk Choice-1% Fat Free	CHICKEN BISCUIT Peach Cup Blended Fruit Juice Honey Milk Choice-1% Fat Free	MINI WHEATS LITTLE BITES Graham Crackers Fresh Fruit Milk Choice-1% Fat Free

**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

*** MENU SUBJECT TO CHANGE.

*** This institution is an equal opportunity provider.



NEW SCHOOL YEAR, NEW MENU!!!

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